

Self-Pay Clients

A Timely Payment Discount (TPD) is available to self-pay clients who make payment in full within two business days of the visit. A valid credit card must be on file for this option. We will charge your card on the day of the visit at the listed discounted rate. The visit will be subject to the full price if the charge is not successful within 2 days of the visit.

VISITS FOR NEW CLIENTS						
Visit Type	Office Visits		Home Visits		Telehealth	
	Full Billed Price	TPD DISCOUNT	Full Billed Price	TPD DISCOUNT	Full Billed Price	TPD DISCOUNT
Lactation Visits with an IBCLC (INTERNATIONAL BOARD-CERTIFIED LACTATION CONSULTANT)						
Private Prenatal	\$800.00	\$175.00	\$870.00	\$245.00	\$800.00	\$125.00
In Patient (In hospital)			\$720.00	\$150.00		
Telehealth Triage Visit					\$500.00	\$50.00
Initial Postpartum	\$800.00	\$225.00	\$870.00	\$295.00	\$800.00	\$150.00
Twins Initial Postpartum	\$800.00	\$255.00	\$870.00	\$325.00	\$800.00	\$180.00
Back to Work	\$650.00	\$125.00	\$720.00	\$195.00	\$650.00	\$125.00
Breast Pump Only	\$650.00	\$125.00	\$720.00	\$195.00	\$650.00	\$125.00
Bottle Feeding/Refusal	\$800.00	\$175.00	\$870.00	\$245.00	\$800.00	\$125.00
Re-Lactation	\$650.00	\$125.00	\$720.00	\$195.00	\$650.00	\$125.00
Induced Lactation	\$650.00	\$125.00	\$720.00	\$195.00	\$650.00	\$125.00
Initial Sleep Consult					\$650.00	\$150.00
<i>Lower priced visits with Certified Breastfeeding Specialists or Lactation Counselors in training may be available</i>						
Bodywork and Laser Photobiomodulation (PBM) Therapy (Chiropractor or Licensed Massage Therapist)						
Chiropractic/Massage only	Up to 30 min	\$50	<i>Ask about package discounts</i>			
Laser PBM Therapy	Up to 15 min	\$50				
Bodywork with Laser PBM	Up to 30 min	\$75				

ADDITIONAL FEES

In addition to the standard fees, the following charges may apply:

- **Night/Weekend/Holiday Fee: \$25**
 - New Year's Day
 - Independence Day
 - Day after Thanksgiving
 - Memorial Day
 - Labor Day
 - Christmas Day
 - MLK Jr. Day
 - Thanksgiving Day
- **Cancellations and No-Show/Missed appointments**
 - Rescheduling an appointment within 48 hours of your visit will be considered a cancellation.
 - More than 48 hours notice: No fee unless chronic rescheduling; then \$15 fee may apply.
 - Less than 48 hours: \$50 (>30 min visit), \$15 (30 min visit), \$50 (Combo Lactation/Bodywork visits)
 - Less than 24 hours: \$100 (>30 min visit), \$30 (30 min visit), \$100 (Combo Lactation/Bodywork visits)
 - No Show/Missed appointment - client will be charged the full cash pay appointment fee
 - If you're unable to attend due to illness or an emergency, we can waive the cancellation fee as long as the appointment is rescheduled and takes place within 10 days.

What is an established client?

Established clients are those that have seen us within the past 12 months for the same child. If a client has a new child that has not been seen for a visit in our practice, they must book as a new client.

VISITS FOR ESTABLISHED CLIENTS						
<i>Not available for New Clients</i>						
Visit Type	Office Visits		Home Visits		Telehealth	
	Full Billed Price	TPD DISCOUNT	Full Billed Price	TPD DISCOUNT	Full Billed Price	TPD DISCOUNT
<u>Lactation Visits with an IBCLC (INTERNATIONAL BOARD-CERTIFIED LACTATION CONSULTANT)</u>						
Extended Follow Up			\$870.00	\$295.00		
Comprehensive Follow Up	\$800.00	\$175.00	\$870.00	\$245.00		
Standard Follow Up	\$650.00	\$150.00	\$720.00	\$220.00	\$650.00	\$125.00
Simple Follow Up	\$500.00	\$75.00				
Twins Standard Follow Up	\$835.00	\$225.00	\$905.00	\$295.00	\$835.00	\$150.00
Twins Simple Follow Up	\$685.00	\$160.00	\$755.00	\$230.00	\$685.00	\$125.00
Focused specialty visits: <ul style="list-style-type: none"> Infant Allergy Infant Reflux Infant Sleep Starting Solids Bottle Feeding Bottle Refusal Milk Supply Weaning 	\$650.00	\$125.00	\$720.00	\$195.00	\$650.00	\$125.00
Nursing Well Check	\$650.00	\$125.00	\$720.00	\$195.00	\$650.00	\$125.00
Frenotomy Support	\$650.00	\$220.00				
Frenotomy Prep Visit	\$500.00	\$75.00			\$500.00	\$75.00
Post-Frenotomy Woundsite Check	\$500.00	\$60.00				
Weight Check	\$350.00	\$30.00	\$420.00	\$100.00		
<u>Bodywork and Laser Photobiomodulation (PBM) Therapy</u> <u>(Chiropractor or Licensed Massage Therapist)</u>						
Chiropractic/Massage only	Up to 30 min	\$50	<i>Ask about package discounts.</i>			
Laser PBM Therapy	Up to 15 min	\$50				
Bodywork with Laser PBM	Up to 30 min	\$75				
Adding Laser to existing bodywork session	Same session	\$25				

ADDITIONAL FEES

In addition to the fees listed above, the following additional fees may apply:

- Night/Weekend/Holiday Fee: \$25
- Late cancellation (<48 hours): \$50 for visits >30 min, \$15 for 30 min visits, \$50 for Combo Lactation/Bodywork
- Late cancellation (<24 hours): \$100 for visits > 30 min, \$30 for 30 min visits, \$100 for Combo Lactation/Bodywork
- More than 48-hour notice - no cancellation fees will apply unless the client has a history of chronic rescheduling. In those cases, we reserve the right to apply a \$15 cancellation fee
- Fees for cancellations due to illness or extenuating circumstances may be waived, provided the appointment is rescheduled and occurs within 10 days.
- No-show/missed appointment: Full visit fee

Bodywork: Pediatric and Adult Chiropractic and Myofascial Release Therapy

At Bayou City Breastfeeding, we are committed to supporting families in every aspect of infant feeding and well-being. One of the unique services we provide is bodywork, performed by our experienced pediatric-trained chiropractors or our Licensed Massage Therapist.

What is Bodywork?

Bodywork involves gentle, specialized techniques to help release tension, improve alignment, and enhance overall body function. For infants, it can address challenges such as feeding difficulties, head-turning preferences, or body tension that might affect their ability to latch, feed, and grow comfortably.

Why Do We Offer Bodywork?

Infant feeding involves more than just the breast or bottle—it's a full-body process. Challenges like birth trauma, tongue restrictions, or muscle tightness can contribute to feeding difficulties. Bodywork, alongside lactation support, helps address these underlying issues, fostering comfort and success for both babies and parents.

By including bodywork in our services, we aim to provide a holistic approach to family care, helping parents and babies thrive. If you have any questions about this service or its benefits, please don't hesitate to ask our team.

TenderCare PBM™ Therapeutic Light Therapy (Photobiomodulation)

Available exclusively in our Houston, Kingwood, Jones and Magnolia offices, TenderCare PBM™ Therapy offers a safe, revolutionary, non-invasive approach to healing. Utilizing Class III/IV medical lasers, this therapy harnesses specific light wavelengths to stimulate healing, reduce inflammation, and enhance tissue repair. Given the personalized nature of treatment, multiple sessions may be necessary, tailored to each individual's needs and response.

Tailoring Your Treatment: An Overview of Conditions and Protocols

From enhancing lactation and aiding nipple recovery to managing pain and promoting faster healing, PBM Therapy offers a versatile solution to many common concerns. Each treatment protocol is designed based on evidence-based practices and scientific research, tailored to meet the unique needs of our clients:

Adult Treatments

- **Lactation Support:** Enhancing milk supply and managing conditions like plugged ducts and mastitis.
- **Nipple Recovery:** Aiding in the healing of sore, cracked, or bleeding nipples.
- **Pain Management:** Conditions such as TMJ discomfort, nursing wrist, muscle pain, joint pain, and more.
- **Inflammation Reduction:** Targeting issues like engorgement, ear pain, and sinus relief.
- **Healing Support:** Accelerating the healing process for mouth ulcers, cold sores, and scar tissue remodeling.

Pediatric Treatments

- **Birth Trauma Relief:** Eases birth-related stress and general discomfort in newborns, promoting relaxation.
- **Torticollis and Muscle Ease:** Relieves muscle tightness, enhancing flexibility and comfort.
- **Oral Care:** Supports recovery and helps pre/post-frenectomy with targeted light therapy.
- **Digestive and Skin Health:** Soothes GI discomfort and skin conditions like eczema for overall well-being.
- **Sleep Enhancement:** Encourages restful sleep by reducing discomfort and promoting relaxation.

Please Note: While our treatments are designed with the utmost care to address specific conditions and are grounded in the latest evidence-based research, individual responses to treatment can vary. As such, we cannot guarantee specific outcomes. Our commitment is to provide the highest quality care, working closely with you to achieve the best possible results. We believe in a collaborative approach to healthcare, involving our clients in every step of their treatment plan to ensure it aligns with their needs and expectations.

Bodywork and PBM Flexible Session Packages

Our pricing structure is designed to accommodate individual needs and treatment plans. You have the option to purchase sessions individually or take advantage of our packages. These packages offer savings and are structured to support ongoing care, highlighting our commitment to providing you with effective and sustained relief. You can choose to use each session for either a bodywork or laser treatment. If you would like to do both bodywork and laser in the same session, there is a \$25 charge.

Number of Sessions	Discount Percentage	Total Cost	Number of Sessions	Discount Percentage	Total Cost
1		\$50	8	28%	\$288
2	15%	\$85	10	30%	\$350
4	20%	\$160	15	35%	\$487.50
6	23%	\$230	20	40%	\$600

Frenotomy Prep & Support Packages

We offer specialized packages to guide families through both the preparation and healing process, ensuring you and your baby receive compassionate, comprehensive care with your lactation consultant.

Essential Support Package — \$280

- Pre-frenotomy preparation session
- 4 wound-site checks

Comprehensive Support Package — \$470

- Frenotomy support visit
- Pre-frenotomy preparation session
- 4 wound-site checks