

Self-Pay Clients

A Timely Payment Discount (TPD) is available to self-pay clients who make payment in full within two business days of the visit. A valid credit card must be on file for this option. We will charge your card on the day of the visit at the listed discounted rate. The visit will be subject to the full price if the charge is not successful within 2 days of the visit.

VISITS FOR NEW CLIENTS							
Visit Type	Visit Duration	Office Visits		Home Visits		Telehealth	
		Full Billed Price	TPD DISCOUNT	Full Billed Price	TPD DISCOUNT	Full Billed Price	TPD DISCOUNT
Lactation Visits with an IBCLC (INTERNATIONAL BOARD-CERTIFIED LACTATION CONSULTANT)							
Private Prenatal	Up to 90 min	\$470.00	\$175.00	\$540.00	\$245.00	\$350.00	\$125.00
In Patient (In hospital)	Up to 60 min			\$350.00	\$150.00		
Telehealth Triage Visit	Up to 30 min					\$170.00	\$50.00
Initial Postpartum	Up to 2 hours	\$470.00	\$225.00	\$540.00	\$295.00	\$470.00	\$150.00
Twins Initial Postpartum	Up to 2.5 hrs	\$500.00	\$255.00	\$570.00	\$325.00	\$500.00	\$180.00
Back to Work	Up to 1 hour	\$350.00	\$125.00	\$420.00	\$195.00	\$350.00	\$125.00
Breast Pump Only*	Up to 1 hour	\$350.00	\$125.00	\$420.00	\$195.00	\$350.00	\$125.00
Bottle Feeding Only**	Up to 90 min	\$470.00	\$175.00	\$540.00	\$245.00	\$350.00	\$125.00
Bottle Refusal**	Up to 90 min	\$470.00	\$175.00	\$540.00	\$245.00	\$350.00	\$125.00
Re-Lactation	Up to 1 hour	\$350.00	\$125.00	\$420.00	\$195.00	\$350.00	\$125.00
Induced Lactation	Up to 1 hour	\$350.00	\$125.00	\$420.00	\$195.00	\$350.00	\$125.00
<i>Lower priced visits with Certified Breastfeeding Specialists or Lactation Counselors in training may be available</i>							
Bodywork and Laser Photobiomodulation (PBM) Therapy (Chiropractor or Licensed Massage Therapist)							
Chiropractic/Massage only	Up to 30 min	\$50		<i>Ask about package discounts</i>			
Laser PBM Therapy	Up to 15 min	\$50					
Bodywork with Laser PBM	Up to 30 min	\$75					

*The Breast Pump Only & Back to Work visits do NOT include any infant assessments (latching to the breast, oral assessment, etc.)

**The Bottle-Feeding visits do not include assessments of milk supply, pumping or latching at the breast.

ADDITIONAL FEES

In addition to the standard fees, the following charges may apply:

- **Night/Weekend/Holiday Fee: \$50**
 - New Year's Day
 - Independence Day
 - Day after Thanksgiving
 - Memorial Day
 - Labor Day
 - Christmas Day
 - Juneteenth
 - Thanksgiving Day

- **Late Cancellation**
 - <48 hours: \$50 (>30 min visit), \$15 (30 min visit), \$50 (Combo Lactation/Bodywork visits)
 - <24 hours: \$100 (>30 min visit), \$30 (30 min visit), \$100 (Combo Lactation/Bodywork visits)
 - More than 48 hours notice: No fee unless chronic rescheduling; then \$15 fee may apply.

- **No-show/Missed Appointment:** Full visit fee

What is an established client?

Established clients are those that have seen us within the past 12 months for the same child. If a client has a new child that has not been seen for a visit in our practice, they must book as a new client.

VISITS FOR ESTABLISHED CLIENTS							
<i>Not available for New Clients</i>							
Visit Type	Visit Duration	Office Visits		Home Visits		Telehealth	
		Full Billed Price	TPD DISCOUNT	Full Billed Price	TPD DISCOUNT	Full Billed Price	TPD DISCOUNT
Lactation Visits with an IBCLC (INTERNATIONAL BOARD-CERTIFIED LACTATION CONSULTANT)							
Extended Follow Up	Up to 2 hours			\$600.00	\$295.00		
Comprehensive Follow Up	Up to 90 min	\$470.00	\$175.00	\$540.00	\$245.00		
Standard Follow Up	Up to 1 hour	\$350.00	\$125.00	\$420.00	\$195.00	\$350.00	\$125.00
Simple Follow Up	Up to 30 min	\$300.00	\$75.00				
Twins Follow Up	Up to 2 hrs	\$470.00	\$225.00	\$540.00	\$295.00	\$350.00	\$150.00
Focused specialty visits: <ul style="list-style-type: none"> • Breast Pump Only • Back to work • Infant Allergy • Infant Reflux • Infant Sleep • Starting Solids • Bottle Feeding • Bottle Refusal • Milk Supply • Weaning 	Up to 1 hour	\$350.00	\$125.00	\$420.00	\$195.00	\$350.00	\$125.00
Nursing Well Check	Up to 1 hour	\$350.00	\$125.00	\$420.00	\$195.00	\$350.00	\$125.00
Frenotomy Support	Up to 2 hrs	\$470.00	\$175.00				
Frenotomy Prep Visit	Up to 45 min	\$250.00	\$60.00			\$250.00	\$60.00
Post-Frenotomy Woundsite Check	Up to 30 min	\$300.00	\$60.00				
Weight Check	Up to 15 min	\$150.00	\$30.00	\$220.00	\$100.00		
Bodywork and Laser Photobiomodulation (PBM) Therapy (Chiropractor or Licensed Massage Therapist)							
Chiropractic/Massage only	Up to 30 min		\$50	<i>Ask about package discounts.</i>			
Laser PBM Therapy	Up to 15 min		\$50				
Bodywork with Laser PBM	Up to 30 min		\$75				

ADDITIONAL FEES

In addition to the standard fees, the following charges may apply:

- **Night/Weekend/Holiday Fee: \$50** (See list of Holidays on page 1)
- **Late Cancellation**
 - <48 hours: \$50 (>30 min visit), \$15 (30 min visit), \$50 (Combo Lactation/Bodywork visits)
 - <24 hours: \$100 (>30 min visit), \$30 (30 min visit), \$100 (Combo Lactation/Bodywork visits)
 - More than 48 hours notice: No fee unless chronic rescheduling; then \$15 fee may apply.
- **No-show/Missed Appointment:** Full visit fee

Visits with a CLC (Certified Lactation Counselor) or CBS (Certified Breastfeeding Specialist)

Our CLCs and CBS's have completed their internship with Bayou City Breastfeeding and are waiting to sit for the IBCLC Exam at the next opportunity. CLC/CBS visits are only available in selected locations. These visits are available at a lower cost than visits with our IBCLCs and are self-pay only (no insurance billing).

VISITS FOR NEW CLIENTS				
Visit Type	Visit Duration	Office Visits	Home visits	Telehealth
Visits with a CLC (Certified Lactation Counselor) or CBS (Certified Breastfeeding Specialist)				
Private Prenatal	Up to 90 min	\$75.00	\$145.00	\$60.00
In Patient (In hospital)	Up to 60 min		\$75.00	
Telehealth Triage Visit	Up to 30 min			\$25.00
Initial Postpartum	Up to 2 hours	\$100.00	\$170.00	\$75.00
Twins Initial Postpartum	Up to 2.5 hrs	\$125.00	\$195.00	\$90.00
Back to Work	Up to 1 hour	\$50.00	\$120.00	\$50.00
Breast Pump Only	Up to 1 hour	\$50.00	\$120.00	\$50.00
Bottle Feeding Only	Up to 90 min	\$75.00	\$145.00	\$50.00
Bottle Refusal	Up to 90 min	\$75.00	\$145.00	\$50.00
Re-Lactation	Up to 1 hour	\$50.00	\$120.00	\$50.00
Induced Lactation	Up to 1 hour	\$50.00	\$120.00	\$50.00
VISITS FOR ESTABLISHED CLIENTS				
Visit Type	Visit Duration	Office Visits	Home visits	Telehealth
Visits with a CLC (Certified Lactation Counselor) or CBS (Certified Breastfeeding Specialist)				
Extended Follow Up	Up to 2 hours		\$145.00	
Comprehensive Follow Up	Up to 90 min	\$75.00	\$145.00	
Standard Follow Up	Up to 1 hour	\$50.00	\$120.00	\$50.00
Simple Follow Up	Up to 30 min	\$25.00		\$25.00
Twins Follow Up	Up to 2 hrs.	\$100.00	\$170.00	\$75.00
Nursing Well Check	Up to 1 hour	\$50.00	\$120.00	\$50.00
Frenotomy Support	Up to 2 hrs.	\$100.00		
Frenotomy Prep Visit	Up to 45 min	\$50.00	\$120.00	\$50.00
Post-Frenotomy Wound site Check	Up to 30 min	\$25.00		
Weight Check	Up to 15 min	\$20.00		

*The Breast Pump Only appointment is a lactating parent appointment and does NOT include any infant assessments

**The Bottle Feeding appointments do not include assessments of milk supply, pumping or latching at the breast.

ADDITIONAL FEES

In addition to the standard fees, the following charges may apply:

- **Night/Weekend/Holiday Fee: \$50** (See list of Holidays on page 1)
- **Late Cancellation**
 - <48 hours: \$50 (>30 min visit), \$15 (30 min visit), \$50 (Combo Lactation/Bodywork visits)
 - <24 hours: \$100 (>30 min visit), \$30 (30 min visit), \$100 (Combo Lactation/Bodywork visits)
 - More than 48 hours notice: No fee unless chronic rescheduling; then \$15 fee may apply.
- **No-show/Missed Appointment:** Full visit fee

Bodywork: Pediatric and Adult Chiropractic and Myofascial Release Therapy

At Bayou City Breastfeeding, we are committed to supporting families in every aspect of infant feeding and well-being. One of the unique services we provide is bodywork, performed by our experienced pediatric-trained chiropractors or our Licensed Massage Therapist.

What is Bodywork?

Bodywork involves gentle, specialized techniques to help release tension, improve alignment, and enhance overall body function. For infants, it can address challenges such as feeding difficulties, head-turning preferences, or body tension that might affect their ability to latch, feed, and grow comfortably.

Why Do We Offer Bodywork?

Infant feeding involves more than just the breast or bottle—it's a full-body process. Challenges like birth trauma, tongue restrictions, or muscle tightness can contribute to feeding difficulties. Bodywork, alongside lactation support, helps address these underlying issues, fostering comfort and success for both babies and parents.

By including bodywork in our services, we aim to provide a holistic approach to family care, helping parents and babies thrive. If you have any questions about this service or its benefits, please don't hesitate to ask our team.

TenderCare PBM™ Therapeutic Light Therapy (Photobiomodulation)

Available exclusively in our Houston, Kingwood, Jones and Magnolia offices, TenderCare PBM™ Therapy offers a safe, revolutionary, non-invasive approach to healing. Utilizing Class III/IV medical lasers, this therapy harnesses specific light wavelengths to stimulate healing, reduce inflammation, and enhance tissue repair. Given the personalized nature of treatment, multiple sessions may be necessary, tailored to each individual's needs and response.

Tailoring Your Treatment: An Overview of Conditions and Protocols

From enhancing lactation and aiding nipple recovery to managing pain and promoting faster healing, PBM Therapy offers a versatile solution to many common concerns. Each treatment protocol is designed based on evidence-based practices and scientific research, tailored to meet the unique needs of our clients:

Adult Treatments

- **Lactation Support:** Enhancing milk supply and managing conditions like plugged ducts and mastitis.
- **Nipple Recovery:** Aiding in the healing of sore, cracked, or bleeding nipples.
- **Pain Management:** Conditions such as TMJ discomfort, nursing wrist, muscle pain, joint pain, and more.
- **Inflammation Reduction:** Targeting issues like engorgement, ear pain, and sinus relief.
- **Healing Support:** Accelerating the healing process for mouth ulcers, cold sores, and scar tissue remodeling.

Pediatric Treatments

- **Birth Trauma Relief:** Eases birth-related stress and general discomfort in newborns, promoting relaxation.
- **Torticollis and Muscle Ease:** Relieves muscle tightness, enhancing flexibility and comfort.
- **Oral Care:** Supports recovery and helps pre/post-frenectomy with targeted light therapy.
- **Digestive and Skin Health:** Soothes GI discomfort and skin conditions like eczema for overall well-being.
- **Sleep Enhancement:** Encourages restful sleep by reducing discomfort and promoting relaxation.

Please Note: While our treatments are designed with the utmost care to address specific conditions and are grounded in the latest evidence-based research, individual responses to treatment can vary. As such, we cannot guarantee specific outcomes. Our commitment is to provide the highest quality care, working closely with you to achieve the best possible results. We believe in a collaborative approach to healthcare, involving our clients in every step of their treatment plan to ensure it aligns with their needs and expectations.

Bodywork and PBM Flexible Session Packages

Our pricing structure is designed to accommodate individual needs and treatment plans. You have the option to purchase sessions individually or take advantage of our packages. These packages offer savings and are structured to support ongoing care, highlighting our commitment to providing you with effective and sustained relief. You can choose to use each session for either a bodywork or laser treatment. If you would like to do both bodywork and laser in the same session, there is a \$25 charge.

Number of Sessions	Discount Percentage	Total Cost	Number of Sessions	Discount Percentage	Total Cost
1		\$50	8	28%	\$288
2	15%	\$85	10	30%	\$350
4	20%	\$160	15	35%	\$487.50
6	23%	\$230	20	40%	\$600